

**Fox Chapel Area School District
Individualized Health/Emergency Care Plan
Seizure Disorder**

Student's Name _____ Grade _____ Age _____ HR Teacher _____ School Year _____

Please indicate **TYPE OF SEIZURE** _____

Describe what happens during the seizure(s): _____

What are some possible triggers of the seizure? _____

Are there any warnings and/or behavior changes before the seizure? _____

How long does it last? _____

Does student know if they are about to have a seizure? _____

What happens immediately after? _____

Student's reaction to seizure is _____ and the
best way to handle it is _____

How long should student wait after seizure before returning to the regular school schedule? _____

Average frequency of seizures: ___ daily ___ weekly ___ monthly ___ yearly ___ other: _____

Usual time of day seizure(s) occur _____

How long has student had seizures? _____ Date of last seizure: _____

student taking medication for seizures? ___ Yes ___ No Name of medication: _____

Does your child wear a medic alert tag? ___ Yes ___ No

MANAGEMENT OF SEIZURE:

IF A CONVULSIVE OR GRAND MAL SEIZURE OCCURS:

• *Remain calm, talk in a soothing manner; do not panic!*

1. Ease the student to a safe position and turn on side; clear away any objects from area
2. Loosen clothing at neck, remove glasses and *cushion* the head (with arms, lap, coat etc.).
3. DO NOT restrain or put anything in student's mouth. DO NOT try to stop purposeless behavior.
4. Designate someone to remove/redirect other students from area and notify nurse
5. Time the seizure and allow it to run its course.
6. Expect to see pale or bluish discoloration of the skin/lips. Expect to hear noisy breathing.
7. Stay with the student until they are fully awake and reoriented.

ACTIVATE EMS IF:

- Seizure last more than 5 minutes
- Absence of breathing and/or pulse
- Student is having multiple seizures
- Student is injured or appears ill

Other: _____

Notify Parent/Guardian

Check any special considerations related to your child's seizure disorder while at school and describe them:

 Educational concerns:

 Emotional/Behavioral Concerns

 Physical education precautions

 Recess Precautions

 Special considerations for field trips

 Special considerations for Bus ride to and from school

Is there anything else you would like to share that would better help us meet your child's needs?

FOX CHAPEL AREA SCHOOL DISTRICT
GUIDELINES FOR ADMINISTERING MEDICATION

Medication should be given at home. Should the need arise for a student to be given medication during school hours, these procedures must be followed:

1. Written instructions signed by a physician with the diagnosis, medication, dosage, length of time to be given, possible side effects, and parent signature is required for all types of medication. Forms are available from the Certified School Nurse.
2. It is the parent's responsibility to maintain an adequate supply of medication throughout the school year.
3. **Medications must be brought to the School Nurse by the parent/guardian in the prescription-labeled container that must remain at school.**
4. If the School Nurse is not available, the building Principal or Acting Principal will accept and sign for medication.
5. Over-the-counter medication such as Advil, Tylenol, cough drops, will not be administered to Kindergarten- 8th grade unless prescribed by a physician.
6. The Certified School Nurse will review all new medication requests.
7. The first dose of a new medication: *It is the parent's responsibility to give the first dose when the child is able to stay at home to ascertain the child's reaction to the medication.*
8. Medications will be discarded one week following termination date or conclusion of the school year, unless return is requested by the parent. **Medication will be returned to the parent or an adult designee only.**

Field Trip Medication

1. Children with serious, life threatening or potentially life threatening medical conditions may request that medications be given on a field trip. No other medication will be permitted. Any parent who has a child needing medication in such a situation should contact the Certified School Nurse.

NOTE: According to the American Academy of Pediatrics, life threatening conditions may include but are not limited to, conditions such as: Asthma, diabetes, seizure disorders, hormonal disorders or severe allergy.

2. Parents of students who receive routine medication during school hours may choose to have the child not receive his/her medication on the day of the field trip. Otherwise, the parent may accompany the child on the field trip or make other arrangements with the Principal.

**NO MEDICATION WILL BE ADMINISTERED AT SCHOOL UNLESS ALL
REQUIREMENTS OF THE MEDICATION POLICY ARE MET**