



Lunch \$2.55
 Reduced \$.40
 Adult \$3.95
 Milk \$.75

JUNE 2019 FOX CHAPEL AREA SCHOOL DISTRICT O'HARA ELEMENTARY LUNCH MENU

Please make checks payable to: FCASD Cafeteria Fund. Money may also be deposited onto your child's account at www.schoolcafe.com
 USDA is an equal opportunity provider and employer

Monday

Macaroni & Cheese **3**
 Chicken Patty on a Bun
 Choice of Veggies
 Choice of Fruit
 Choice of Milk

Breaded Chs Ravioli and Mozzarella Chs Sticks with Sauce
 Cheeseburger on a Bun **10**
 Choice of Veggies
 Choice of Fruit
 Choice of Milk

HAVE **17**



Tuesday

Mini Cheese Ravioli with Sauce **4**
 Hot Dog on a Bun
 Choice of Veggies
 Choice of Fruit
 Choice of Milk

**LAST DAY OF SCHOOL
 HALF DAY
 NO LUNCH!** **11**

A **18**

Cups for water are available daily in all cafeterias.

Wednesday

Assorted Chicken Day with a Soft Pretzel Rod **5**
 Meatball Hoagie
 Mashed Potatoes & Gravy
 Choice of Fruit
 Choice of Milk



GREAT **19**



Thursday

Breakfast for Lunch **6**
 Ham & Cheese on a Pretzel Bun
 Choice of Veggies
 Choice of Fruit
 Choice of Milk

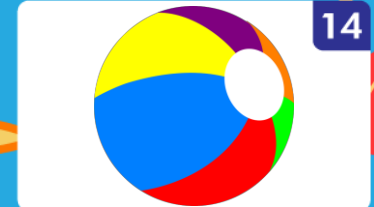


SUMMER **20**

DID YOU KNOW? You can place a note on your child's account restricting their purchases? Contact Sandy Stewart at 412-967-4409 or email Sandy_Stewart@fcasd.edu

Friday

Walking Taco **7**
 Corn Dog
 Choice of Veggies
 Choice of Fruit
 Choice of Milk



What is a Lunch?
 Students may choose at least 3 of the 5 components available for the school lunch price of \$2.55. One of the components must be a fruit/juice or vegetable.
 1) Meat/Meat Alternate 2) Grain/Bread
 3) Fruit/Juice 4) Vegetable 5) Milk

Daily Entrée Options:
 3) PB & Jelly Sandwich with String Cheese
 4) Chef's Salad with Croutons and a Roll
 5) Chicken Nuggets with a Roll

Fruit Choices May Include:
 Apples, Oranges, Bananas, Pears, Red & Green Grapes, Blueberries, Pineapples, Applesauce, Mixed Fruit, Strawberries, Honeydew, Cantaloupe, Watermelon, Mandarin Oranges, Peaches, Raisins, or 100% Fruit Juice

Nutrition Center Manager
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