



Lunch \$2.85
 Reduced \$.40
 Adult \$3.95
 Milk \$.75

SEPTEMBER 2020 FOX CHAPEL AREA SCHOOL DISTRICT HS & DMS LUNCH MENU

Please make checks payable to: FCASD Cafeteria Fund. Money may also be deposited onto your child's account at www.schoolcafe.com
 USDA is an equal opportunity provider and employer

Monday

Food Services Manager
Julie Geary
 412-967-2502
Julie_Geary@fcasd.edu

NO SCHOOL LABOR DAY **7**
 HAPPY
Labor Day

14
 Walking Taco
 Corn / Cauliflower Florets
 100% Fruit Juice / Pears
 Choice of Milk

21
 Mini Corn Dogs
 French Fries / Broccoli Florets
 100% Fruit Juice / Frz Fruit Cup
 Choice of Milk

NO SCHOOL FALL BREAK **28**


Tuesday

1
 Nachos Grande
 Steamed Corn / Celery Sticks
 100% Fruit Juice / Mixed Fruit
 Choice of Milk

8
 Macaroni & Cheese with Corn Bread
 Steamed Peas / Cucumber Slices
 100% Fruit Juice / Applesauce
 Choice of Milk

15
 Walking Taco
 Corn / Cauliflower Florets
 100% Fruit Juice / Pears
 Choice of Milk

22
 Mini Corn Dogs
 French Fries / Broccoli Florets
 100% Fruit Juice / Frz Fruit Cup
 Choice of Milk

29
 General Tso's Chicken with Fried Rice
 Steamed Broccoli / Red Peppers
 100% Fruit Juice / Pineapples
 Choice of Milk

Wednesday

2
 No in School Lunches
 Pick Up Meals Only at Kerr
 12:00PM-1:30PM

9
 No in School Lunches
 Pick Up Meals Only at Kerr
 12:00PM-1:30PM

16
 No in School Lunches
 Pick Up Meals Only at Kerr
 12:00PM-1:30PM

23
 No in School Lunches
 Pick Up Meals Only at Kerr
 12:00PM-1:30PM

30
 No in School Lunches
 Pick Up Meals Only at Kerr
 12:00PM-1:30PM

Thursday

3
 Chicken Mashed Potato Bowl with a Roll
 Mashed Potatoes & Gravy / Corn
 100% Fruit Juice / Mandarin Oranges
 Choice of Milk

10
 Chicken, Cheese & Broccoli Pasta Bake with a Garlic Breadstick
 100% Fruit Juice / Peaches
 Choice of Milk

17
 Pulled Pork on a Pretzel Bun
 Baked Beans / Coleslaw
 100% Fruit Juice / Strawberries
 Choice of Milk

24
 Open Faced Roasted Turkey Sandwich with Stuffing
 Mashed Potatoes & Gravy / Carrots
 100% Fruit Juice / Cranberry Sauce
 Choice of Milk

Friday

4
 Chicken Mashed Potato Bowl with a Roll
 Mashed Potatoes & Gravy / Corn
 100% Fruit Juice / Mandarin Oranges
 Choice of Milk

11
 Chicken, Cheese & Broccoli Pasta Bake with a Garlic Breadstick
 100% Fruit Juice / Peaches
 Choice of Milk

18
 Pulled Pork on a Pretzel Bun
 Baked Beans / Coleslaw
 100% Fruit Juice / Strawberries
 Choice of Milk

25
 Open Faced Roasted Turkey Sandwich with Stuffing
 Mashed Potatoes & Gravy / Carrots
 100% Fruit Juice / Cranberry Sauce
 Choice of Milk

Daily Options:
 PB & Jelly with String Cheese
 Assorted Pre-made Salads
 HS Only: MTO Deli

Daily Hot Sandwiches:
 Chicken Patty
 Spicy Chicken Patty
 Cheeseburger/Hamburger
 Grilled Chicken Sandwich

Pizza Station:
Daily: Cheese & Pepperoni Pizza
Monday & Tuesday: Meat Lover's Pizza
Thursday & Friday: Buffalo Chicken Pizza

