



SEPTEMBER 2019  
 FOX CHAPEL AREA SCHOOL DISTRICT  
 PRE-K  LUNCH MENU



Monday

Tuesday

Wednesday

Thursday 5

Friday

**NO SCHOOL  
 LABOR DAY**



Celebration Mini <sup>3</sup>  
 Pancakes with Sausage  
 Hash Brown Triangles  
 Warm Cinnamon Apples  
 1% White Milk

Chicken Mashed <sup>4</sup>  
 Potato Bowl  
 Steamed Corn  
 Mandarin Oranges  
 1% White Milk

Pasta with Meat Sauce <sup>5</sup>  
 or Marinara Sauce  
 Steamed Broccoli  
 Strawberries  
 1% White Milk

Stuffed Crust Pizza <sup>6</sup>  
 Glazed Carrots  
 Peaches  
 1% White Milk

Cheese Pizza Sticks <sup>7</sup>  
 with Pizza Sauce  
 Green Beans  
 Applesauce  
 1% White Milk

Toasted Chs Sandwich <sup>10</sup>  
 Tomato Soup  
 Red Grapes  
 1% White Milk

Football Shaped <sup>11</sup>  
 Chicken Nuggets  
 Mashed Potatoes  
 Pineapples  
 1% White Milk

Steak & Cheese Hoagie <sup>12</sup>  
 Steamed Corn  
 Strawberries  
 1% White Milk

Square Cheese Pizza <sup>13</sup>  
 Romaine Salad  
 Pears  
 1% White Milk

Chicken Patty on a Bun <sup>16</sup>  
 Mixed Veggies  
 Golden Delicious Apple  
 1% White Milk

French Toast Sticks <sup>7</sup>  
 with Sausage  
 Hash Browns  
 Warm Cinnamon Apples  
 1% White Milk

Popcorn Chicken <sup>18</sup>  
 with a Soft Pretzel Rod  
 Mashed Potatoes  
 Mandarin Oranges  
 1% White Milk

Cheese Lasagna <sup>19</sup>  
 Steamed Broccoli  
 Strawberries  
 1% White Milk

Individual Cheese Pizza <sup>20</sup>  
 Steamed Carrots  
 Peaches  
 1% White Milk

Macaroni & Cheese <sup>23</sup>  
 Steamed Peas  
 Applesauce  
 1% White Milk

Cheeseburger on a Bun <sup>24</sup>  
 Baked Beans  
 Red Grapes  
 1% White Milk

Chicken Tenders <sup>25</sup>  
 Mashed Potatoes  
 Pineapples  
 1% White Milk

Fish Sticks <sup>26</sup>  
 Steamed Corn  
 Strawberries  
 1% White Milk

Big Daddy Chs Pizza <sup>27</sup>  
 Romaine Salad  
 Pears  
 1% White Milk

**NO SCHOOL  
 FALL BREAK**



Daily Entrée Options:  
 2) PB & Jelly Sandwich with String Cheese  
 3) Chef's Salad with Croutons and a Roll

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