



**Breakfast \$1.35**  
**Reduced \$.30**  
**Adult/Tiered \$2.35**  
**Milk \$.75**

**SEPTEMBER 2019**  
**FOX CHAPEL AREA SCHOOL DISTRICT**  
**HS & DMS**  **BREAKFAST MENU**

Please make checks payable to: FCASD Cafeteria Fund. Money may also be deposited onto your child's account at [www.schoolcafe.com](http://www.schoolcafe.com)  
 USDA is an equal opportunity provider and employer

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**NO SCHOOL 2**



French Toast Sticks **3**  
 Or  
 Choice of Daily Entree  
 Choice of 100% fruit juice or  
 assorted fruit  
 Choice of Milk

Dutch Waffle **4**  
 Or  
 Choice of Daily Entree  
 Choice of 100% fruit juice or  
 assorted fruit  
 Choice of Milk

Sausage Wrapped in  
 a Pancake **5**  
 Or  
 Choice of Daily Entree  
 Choice of 100% fruit juice or  
 assorted fruit  
 Choice of Milk

Cinnamon Roll **6**  
 Or  
 Choice of Daily Entree  
 Choice of 100% fruit juice or  
 assorted fruit  
 Choice of Milk

Breakfast Pizza **9**  
 Or  
 Choice of Daily Entree  
 Choice of 100% fruit juice or  
 assorted fruit  
 Choice of Milk

Pancakes with Sausage **10**  
 Or  
 Choice of Daily Entree  
 Choice of 100% fruit juice or  
 assorted fruit  
 Choice of Milk

Egg, Bacon and Cheese **11**  
 Scramble with an English Muffin  
 Or  
 Choice of Daily Entree  
 Choice of 100% fruit juice or  
 assorted fruit  
 Choice of Milk

Waffles with Sausage **12**  
 Or  
 Choice of Daily Entree  
 Choice of 100% fruit juice or  
 assorted fruit  
 Choice of Milk

Chicken on a Biscuit **13**  
 Or  
 Choice of Daily Entree  
 Choice of 100% fruit juice or  
 assorted fruit  
 Choice of Milk

Breakfast Bagel **16**  
 Or  
 Choice of Daily Entree  
 Choice of 100% fruit juice or  
 assorted fruit  
 Choice of Milk

French Toast Sticks **17**  
 Or  
 Choice of Daily Entree  
 Choice of 100% fruit juice or  
 assorted fruit  
 Choice of Milk

Dutch Waffle **18**  
 Or  
 Choice of Daily Entree  
 Choice of 100% fruit juice or  
 assorted fruit  
 Choice of Milk

Sausage Wrapped in  
 a Pancake **19**  
 Or  
 Choice of Daily Entree  
 Choice of 100% fruit juice or  
 assorted fruit  
 Choice of Milk

Cinnamon Roll **20**  
 Or  
 Choice of Daily Entree  
 Choice of 100% fruit juice or  
 assorted fruit  
 Choice of Milk

Breakfast Pizza **23**  
 Or  
 Choice of Daily Entree  
 Choice of 100% fruit juice or  
 assorted fruit  
 Choice of Milk

Pancakes with Sausage **24**  
 Or  
 Choice of Daily Entree  
 Choice of 100% fruit juice or  
 assorted fruit  
 Choice of Milk

Egg, Bacon and Cheese **25**  
 Scramble with an English Muffin  
 Or  
 Choice of Daily Entree  
 Choice of 100% fruit juice or  
 assorted fruit  
 Choice of Milk

Waffles with Sausage **26**  
 Or  
 Choice of Daily Entree  
 Choice of 100% fruit juice or  
 assorted fruit  
 Choice of Milk

Chicken on a Biscuit **27**  
 Or  
 Choice of Daily Entree  
 Choice of 100% fruit juice or  
 assorted fruit  
 Choice of Milk

**NO SCHOOL 30**

**FALL BREAK**



**Food Services Manager:**

**Julie Geary**  
**412-967-2502**  
**Julie\_Geary@fcasd.edu**

**Daily Menu Options:**

**Assorted Sandwiches: Egg/Cheese, Egg/Sausage & Cheese, Egg/Ham & Cheese, Egg/Bacon & Cheese on a Bagel or English Muffin**  
**Chocolate Mini Donuts, Powdered Mini Donuts, Cinnamon Dunker Sticks, or Yeast Donut**  
**Cereal Breakfast with Cinnamon Goldfish Grahams:**  
**Cheerios, Honey Nut Cheerios, Fruit Loops, Lucky Charms, Cocoa Puffs, Frosted Flakes, Reeses Puffs, or Cinnamon Toast Crunch**  
**Bagel Breakfast or Poptart Breakfast**