



**ALL STUDENT MEALS  
ARE FREE**  
Adult Meal Price \$3.95  
Milk \$.75

**MAY 2022**  
**FOX CHAPEL AREA SCHOOL DISTRICT**  
**HS & DMS**  **LUNCH MENU**

Please make checks payable to: FCASD Cafeteria Fund. Money may also be deposited onto your child's account at [www.schoolcafe.com](http://www.schoolcafe.com)  
USDA is an equal opportunity provider and employer

**Monday**

**2**  
Chef's Choice  
Choice of Vegetables  
100% Fruit Juice/Choice of Fruit  
Choice of Milk

**9**  
Mini Corn Dogs  
Tater Tots/Baked Beans  
100% Fruit Juice/Choice of Fruit  
Choice of Milk

**16**  
Meatballs with Sauce, Mozzarella  
Chs & Garlic Breadsticks  
Green Beans / Broccoli Florets  
100% Fruit Juice/Choice of Fruit  
Choice of Milk

**23**  
Pasta with Meat or Marinara  
Sauce & a Garlic Breadstick  
Brussel Sprouts/Broccoli Florets  
100% Fruit Juice/Choice of Fruit  
Choice of Milk

**NO SCHOOL  
MEMORIAL DAY**



**Food Services Manager  
Julie Geary  
412-967-2502  
[Julie\\_Geary@fcasd.edu](mailto:Julie_Geary@fcasd.edu)**

**Tuesday**

**3**  
Walking Taco  
Steamed Corn/Green Peppers  
100% Fruit Juice/Choice of Fruit  
Choice of Milk

**10**  
Ultimate Steak Hoagie  
French Fries/Cucumber Slices  
100% Fruit Juice/Choice of Fruit  
Choice of Milk

**17**  
Nachos Grande  
Steamed Corn/Green Peppers  
100% Fruit Juice/Choice of Fruit  
Choice of Milk

**24**  
BBQ Pulled Pork on  
Breadwork's Kaiser Bun  
French Fries/Coleslaw  
100% Fruit Juice/Choice of Fruit  
Choice of Milk

**31**  
Chef's Choice  
Choice of Vegetables  
100% Fruit Juice/Choice of Fruit  
Choice of Milk

Daily Hot Sandwiches:  
Chicken Patty  
Spicy Chicken Patty  
Cheeseburger or Hamburger  
Grilled Chicken Sandwich

**Wednesday**

**4**  
Chicken Nuggets with  
a Soft Pretzel Rod  
Mashed Potatoes & Gravy /  
Baby Carrots  
100% Fruit Juice/Choice of Fruit  
Choice of Milk

**11**  
Plain or Buffalo Popcorn  
Chicken with a Roll  
Mashed Potatoes & Gravy /  
Cauliflower Florets  
100% Fruit Juice/Choice of Fruit  
Choice of Milk

**18**  
Chicken Tenders with  
a Soft Pretzel Rod  
Mashed Potatoes & Gravy /  
Baby Carrots  
100% Fruit Juice/Choice of Fruit  
Choice of Milk

**25**  
Mashed Potato Bowl  
with a Roll  
Steamed Corn/  
Cauliflower Florets  
100% Fruit Juice/Choice of Fruit  
Choice of Milk

**Menu subject to change due  
to lack of product availability**

Daily Options:  
PB & Jelly with String Cheese  
Assorted Pre-made Salads  
HS Only: MTO Deli

**Thursday**

**5**  
Mandarin Orange Chicken  
with Fried Rice  
Steamed Broccoli/Red Peppers  
100% Fruit Juice/Choice of Fruit  
Choice of Milk

**12**  
Pancakes  
with Sausage  
Hash Browns/Celery Sticks  
100% Fruit Juice/Choice of Fruit  
Choice of Milk

**19**  
General Tso's Chicken  
with Fried Rice  
Steamed Broccoli/Red Peppers  
100% Fruit Juice/Choice of Fruit  
Choice of Milk

**26**  
French Toast Sticks  
with Sausage  
Hash Browns/Celery Sticks  
100% Fruit Juice/Choice of Fruit  
Choice of Milk

**Friday**

**6**  
Toasted Cheese Sandwich  
Tomato Soup/Cucumber Slices  
100% Fruit Juice/Choice of Fruit  
Choice of Milk

**13**  
Macaroni & Cheese  
with Cornbread  
Steamed Peas/Baby Carrots  
100% Fruit Juice/Choice of Fruit  
Choice of Milk

**20**  
Cheese Pizza Sticks  
with Pizza Sauce  
Steamed Carrots/Tossed Salad  
100% Fruit Juice/Choice of Fruit  
Choice of Milk

**27**  
Chef's Choice  
Choice of Vegetables  
100% Fruit Juice/Choice of Fruit  
Choice of Milk

Daily Pizza Options:  
Daily: Cheese & Pepperoni Pizza  
Monday: Meat Lover's Tuesday: Flatbread  
Wednesday: Chef's Choice  
Thursday: Buffalo Chicken Friday: Veggie