

- 2023 -



FEBRUARY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

FOX CHAPEL AREA SCHOOL DISTRICT

HS & DMS LUNCH MENU

Student Lunch \$2.95

Adult Lunch \$4.05

Milk \$.75

Daily Hot Sandwiches:

- Chicken Patty
- Spicy Chicken Patty
- Cheeseburger or Hamburger
- Grilled Chicken Sandwich

Daily Options:

- PB & Jelly with String Cheese
- Assorted Pre-made Salads
- HS Only: MTO Deli

Pizza Station:

- Daily: Cheese & Pepperoni
- Monday: Meat Lover's
- Tuesday: Flatbread
- Wednesday: Chef's Choice
- Thursday: Buffalo Chicken
- Friday: White/Veggie

6
BBQ Pulled Pork
on Breadwork's Kaiser Bun
Fries/Baked Beans/Coleslaw
Choice of Fruit / 100% Juice
Choice of Milk

7
Nachos Grande
Corn / Broccoli Florets
Choice of Fruit / 100% Juice
Choice of Milk

13
Double Hot Dogs on Buns
Curly Fries / Baked Beans
Choice of Fruit / 100% Juice
Choice of Milk

14 Cinnamon Swirl French
Toast with Sausage
Hash Browns / Cucumbers
Warm Cinnamon Apples /
100% Juice
Choice of Milk
TREAT: HEART COOKIE

20
NO SCHOOL


21
Walking Taco
Corn / Broccoli Florets
Choice of Fruit / 100% Juice
Choice of Milk

27
Burger Bar
Onion Rings / Baked Beans
Choice of Fruit / 100% Juice
Choice of Milk

28
Mini Corn Dogs
French Fries / Cucumbers
Choice of Fruit / 100% Juice
Choice of Milk

1
Mashed Potato Bowl
with a Roll
Steamed Corn / Cauliflower
Choice of Fruit / 100% Juice
Choice of Milk

2
Pasta with Meat or Marinara
Sauce and a Garlic Breadstick
Green Beans / Tossed Salad
Choice of Fruit / 100% Juice
Choice of Milk

3
Toasted Cheese Sandwich
Tomato Soup / Baby Carrots
Choice of Fruit / 100% Juice
Choice of Milk

8 Chicken Nuggets
with a Soft Pretzel Rod
Mashed Potatoes & Gravy/
Celery Sticks
Choice of Fruit / 100% Juice
Choice of Milk

9 Cherry Blossom Chicken
with Fried Rice
Broccoli / Red Peppers
Choice of Fruit / 100% Juice
Choice of Milk

10 Cheese Pizza Sticks
with Pizza Sauce
Carrot Coins / Tossed Salad
Choice of Fruit / 100% Juice
Choice of Milk

15 Chicken Tenders
with a Roll
Mashed Potatoes & Gravy/
Cauliflower
Choice of Fruit / 100% Juice
Choice of Milk

16 Cheese Lasagna with Sauce
and a Garlic Breadstick
Green Beans / Tossed Salad
Choice of Fruit / 100% Juice
Choice of Milk

17 Popcorn Shrimp
with Soft Pretzel Rods
French Fries / Coleslaw
Choice of Fruit / 100% Juice
Choice of Milk

22 Pierogies with or
without Onions
Green Beans / Celery Sticks
Choice of Fruit / 100% Juice
Choice of Milk

23 General Tso's Chicken
with Fried Rice
Broccoli / Red Peppers
Choice of Fruit / 100% Juice
Choice of Milk

24 Macaroni & Cheese
with Cornbread
Peas / Baby Carrots
Choice of Fruit / 100% Juice
Choice of Milk

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