



DECEMBER 2022 FOX CHAPEL AREA SCHOOL DISTRICT PRE-K **BREAKFAST** MENU



Monday

Tuesday

Wednesday

Thursday

Friday



Food Services Manager
Julie Geary
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Julie_Geary@fcasd.edu

Breakfast on a Stick **5**
Or
Choice of Daily Entrée
Fruit
1% White Milk

Dutch Waffle **6**
Or
Choice of Daily Entrée
Fruit
1% White Milk

French Toast Sticks **7**
Or
Choice of Daily Entrée
Fruit
1% White Milk

Yogurt with
Graham Crackers **8**
Or
Choice of Daily Entrée
Fruit
1% White Milk

Muffin **9**
Or
Choice of Daily Entrée
Fruit
1% White Milk

Breakfast Pizza **12**
Or
Choice of Daily Entrée
Fruit
1% White Milk

Mini Waffles **13**
Or
Choice of Daily Entrée
Fruit
1% White Milk

Pancakes **14**
Or
Choice of Daily Entrée
Fruit
1% White Milk

Egg & Cheese
on a Pretzel Bun **15**
Or
Choice of Daily Entrée
Fruit
1% White Milk

Mini Cinnamon Rolls **16**
Or
Choice of Daily Entrée
Fruit
1% White Milk

Breakfast on a Stick **19**
Or
Choice of Daily Entrée
Fruit
1% White Milk

Dutch Waffle **20**
Or
Choice of Daily Entrée
Fruit
1% White Milk

French Toast Sticks **21**
Or
Choice of Daily Entrée
Fruit
1% White Milk

Yogurt with
Graham Crackers **22**
Or
Choice of Daily Entrée
Fruit
1% White Milk

Muffin **23**
Or
Choice of Daily Entrée
Fruit
1% White Milk

NO SCHOOL **26**


NO SCHOOL **27**


NO SCHOOL **28**


NO SCHOOL **29**


NO SCHOOL **30**


Daily Entrée Choices:
2) Cheerios Cereal
3) Cinnamon Toast Crunch Cereal

Fruit Choices May Include:
Apples, Oranges, Bananas, Pears, Red Grapes, Blueberries, Raisins,
Pineapples, Applesauce, Mixed Fruit, Strawberries, Craisins,
Peaches, Mandarin Oranges, Frozen Fruit Cups, and 100% Fruit Juice