



Student Lunch \$2.95
 Adult Lunch \$4.05
 Milk \$.75

DECEMBER 2022 FOX CHAPEL AREA SCHOOL DISTRICT HS & DMS LUNCH MENU

Please make checks payable to:
FCASD Cafeteria Fund.
 Money may also be deposited onto your child's
 account at www.schoolcafe.com
 USDA is an equal opportunity provider and employer



Monday

Tuesday

Wednesday

Thursday

Friday



Food Services Manager
Julie Geary
 412-967-2502
Julie_Geary@fcasd.edu

5
 Double Hot Dogs on Buns
 Tater Tots / Baked Beans
 Choice of Fruit / 100% Juice
 Choice of Milk

6
 Nachos Grande
 Steamed Corn / Broccoli Florets
 Choice of Fruit / 100% Juice
 Choice of Milk

7
 Mashed Potato Bowl
 with a Roll
 Steamed Corn/Cauliflower Florets
 Choice of Fruit / 100% Juice
 Choice of Milk

8
 Cherry Blossom Chicken
 with Fried Rice
 Steamed Broccoli / Red Peppers
 Choice of Fruit / 100% Juice
 Choice of Milk

9
 Popcorn Shrimp with
 a Soft Pretzel Rod
 Emoji Fries / Coleslaw
 Choice of Fruit / 100% Juice
 Choice of Milk

12
 BBQ Pulled Pork
 on a Kaiser Bun
 Fries / Baked Beans / Coleslaw
 Choice of Fruit / 100% Juice
 Choice of Milk

13
 French Toast Sticks
 with Sausage
 Hash Browns / Cucumber Slices
 Choice of Fruit / 100% Juice
 Choice of Milk

14
 Sliced Ham with a Dinner Roll
 Scalloped Potatoes
 Green Bean Medley
FROZEN HOLIDAY JUICE CUP
 Choice of Milk
TREAT: COOKIE

15
 Meatballs with Mozzarella
 Cheese and Garlic Breadsticks
 Green Beans / Green Peppers
 Choice of Fruit / 100% Juice
 Choice of Milk

16
 Cheese Pizza Sticks
 with Pizza Sauce
 Carrot Coins / Tossed Salad
 Choice of Fruit / 100% Juice
 Choice of Milk

19
 Ultimate Steak Hoagie
 Curly Fries / Baked Beans
 Choice of Fruit / 100% Juice
 Choice of Milk

20
 Walking Taco
 Steamed Corn / Broccoli Florets
 Choice of Fruit / 100% Juice
 Choice of Milk

21
 Chicken Tenders with
 a Soft Pretzel Rod
 Mashed Potatoes & Gravy/Celery
 Choice of Fruit / 100% Juice
 Choice of Milk

22
 General Tso's Chicken
 with Fried Rice
 Steamed Broccoli / Red Peppers
 Choice of Fruit / 100% Juice
 Choice of Milk

23
 Macaroni & Cheese
 with Cornbread
 Steamed Peas / Baby Carrots
 Choice of Fruit / 100% Juice
 Choice of Milk

NO SCHOOL **26**


NO SCHOOL **27**


NO SCHOOL **28**


NO SCHOOL **29**


NO SCHOOL **30**


Daily Options:
 PB & Jelly with String Cheese
 Assorted Pre-made Salads
 HS Only: MTO Deli

Daily Hot Sandwiches:
 Chicken Patty
 Spicy Chicken Patty
 Cheeseburger or Hamburger
 Grilled Chicken Sandwich

Pizza Station:
 Daily: Cheese & Pepperoni Pizza
 Monday: Meat Lover's Tuesday: Flatbread
 Wednesday: Chef's Choice
 Thursday: Buffalo Chicken Friday: White/Veggie