



Student Breakfast FREE  
 Adult Breakfast \$2.45  
 Milk \$.75

# DECEMBER 2022 FOX CHAPEL AREA SCHOOL DISTRICT ELEMENTARY BREAKFAST MENU

Please make checks payable to:  
**FCASD Cafeteria Fund.**  
 Money may also be deposited onto your child's  
 account at [www.schoolcafe.com](http://www.schoolcafe.com)  
 USDA is an equal opportunity provider and employer

## Monday



## Tuesday

## Wednesday

## Thursday

## Friday

**Food Services Manager**  
**Julie Geary**  
 412-967-2502  
[Julie\\_Geary@fcasd.edu](mailto:Julie_Geary@fcasd.edu)

Breakfast on a Stick **5**  
 Or  
 Choice of Daily Entrée  
 Choice of 100% Fruit Juice  
 and assorted Fruit  
 Choice of Milk

Dutch Waffle **6**  
 Or  
 Choice of Daily Entrée  
 Choice of 100% Fruit Juice  
 and assorted Fruit  
 Choice of Milk

French Toast Sticks **7**  
 Or  
 Choice of Daily Entrée  
 Choice of 100% Fruit Juice  
 and assorted Fruit  
 Choice of Milk

Yogurt with Graham Crackers **8**  
 Or  
 Choice of Daily Entrée  
 Choice of 100% Fruit Juice  
 and assorted Fruit  
 Choice of Milk

Assorted Muffins **9**  
 Or  
 Choice of Daily Entrée  
 Choice of 100% Fruit Juice  
 and assorted Fruit  
 Choice of Milk

Breakfast Pizza **12**  
 Or  
 Choice of Daily Entrée  
 Choice of 100% Fruit Juice  
 and assorted Fruit  
 Choice of Milk

Mini Waffles **13**  
 Or  
 Choice of Daily Entrée  
 Choice of 100% Fruit Juice  
 and assorted Fruit  
 Choice of Milk

Pancakes **14**  
 Or  
 Choice of Daily Entrée  
 Choice of 100% Fruit Juice  
 and assorted Fruit  
 Choice of Milk

Egg & Cheese on a Pretzel Bun **15**  
 Or  
 Choice of Daily Entrée  
 Choice of 100% Fruit Juice  
 and assorted Fruit  
 Choice of Milk

Mini Cinnamon Rolls **16**  
 Or  
 Choice of Daily Entrée  
 Choice of 100% Fruit Juice  
 and assorted Fruit  
 Choice of Milk

Breakfast on a Stick **19**  
 Or  
 Choice of Daily Entrée  
 Choice of 100% Fruit Juice  
 and assorted Fruit  
 Choice of Milk

Dutch Waffle **20**  
 Or  
 Choice of Daily Entrée  
 Choice of 100% Fruit Juice  
 and assorted Fruit  
 Choice of Milk

French Toast Sticks **21**  
 Or  
 Choice of Daily Entrée  
 Choice of 100% Fruit Juice  
 and assorted Fruit  
 Choice of Milk

Yogurt with Graham Crackers **22**  
 Or  
 Choice of Daily Entrée  
 Choice of 100% Fruit Juice  
 and assorted Fruit  
 Choice of Milk

Assorted Muffins **23**  
 Or  
 Choice of Daily Entrée  
 Choice of 100% Fruit Juice  
 and assorted Fruit  
 Choice of Milk

**NO SCHOOL** **26**



**NO SCHOOL** **27**



**NO SCHOOL** **28**



**NO SCHOOL** **29**



**NO SCHOOL** **30**



### Daily Entrée Choices:

- 2) Assorted Whole Grain Poptarts
- 3) Assorted Cereal with Graham Crackers
- 4) Assorted Whole Grain Donuts
- 5) Assorted Whole Grain Bread Loaf

### Fruit Choices May Include:

Apples, Oranges, Bananas, Pears, Red Grapes, Blueberries, Raisins,  
 Pineapples, Applesauce, Mixed Fruit, Strawberries, Craisins,  
 Peaches, Mandarin Oranges, Frozen Fruit Cups, and 100% Fruit Juice