

FCAHS CURRICULUM PROPOSAL

Changes to Graduation Requirements: Business and PE/Health

CURRENT REQUIREMENTS

- **Graduation = 27 Credits (District Policy)**
 - 4 Credits – English, Social Studies
 - 3 Credits – Science, Math
 - 1 Credit – Health
 - *2 Credits – Physical Education*
 - 9 Credits – Electives (including 2 in Arts and Humanities)
 - *Career and College Essentials is currently an elective*
 - 1 Credit – Proficiency on Keystone Exams or local assessment
 - Graduation Project Completion
 - Service Learning – 12 Hours by the end Junior Year

RATIONALE FOR CAREER AND COLLEGE ESSENTIALS TO BECOME A GRADUATION REQUIREMENT

- With the increasing emphasis on planning and next steps after high school, Career and College Essentials helps students explore post-secondary options and pathways to achieve their goals.
- This course fits very well in our schedule. Most students already elect to take this course through need, reputation, and value. This course will be offered flexibly (i.e. traditional, online, summer, etc.).
- This course also directly aligns with the Future Ready PA Index. Students are required to meet career standards by the end of their junior year.
- With this course and school counseling program, the students will meet and/or exceed the requirements. A great team approach...

SUPPORTING DATA ...

- 2015-2017 – Two years of combined junior/senior students taking Career and College Essentials
 - 67% Enrolled as an elective
 - 11% Beattie
 - 22% Not enrolled
 - *Students could take course either 11th or 12th grade year.*
 - *Percentage are +/- 5%.
- 2017-2018 – *This is just junior class data.* Seniors still were able to take this course which added another ~22%
 - 53% Enrolled
 - 9% Beattie
 - 16% Not Enrolled
 - *Students could take course either 11th or 12th grade year.*
- 2018-2019* - Data
 - 77% Enrolled
 - 8-9% Beattie
 - 13% Not Enrolled

Counselors - Scheduling approach that focuses on career planning

The percentage of students that are not enrolled in the class will decrease for each data set because of some students being serviced through IEPs, 504s, outside placements, etc.

If Career and College Essentials becomes a requirement, we will offer it as a 5th period, online (FCAO), and summer course(s). It will not conflict with any academic pursuits of the students.

COURSE CONTENT / STUDENT LEARNING

- **Career Awareness & Preparation**
 - Research/Revisit – *13.1.11.F*
 - College interest: research 5 careers / reflect 5 colleges
 - Career interest: research 8-10 careers / reflect 0-2 post-secondary
- **Career / College Acquisition**
 - Resume – *13.2.11.C*
 - Employability Skills – *13.2.11.E*
 - Interview – *13.2.11.A*
 - Mock interview
 - Application – *13.2.11.C*
 - College interest: Common Application, college essay
 - Career interest: Job application, cover letter
- **Career Retention & Advancement**
 - Leadership and personal skills – *13.3.11*
 - Budgeting – *13.3.11.D*
- **Entrepreneurship**
 - Personal Business Plan – *13.4.11.C*
 - Future readiness plan for individual college/career goals – *13.4.11*

ADDITIONAL CHANGES...

Health/PE

MODIFICATIONS TO HEALTH/PE REQUIREMENTS

Grade	Health (1.0 Credit)	P.E. (1.5 Credits)
9 th	Health (Discovery A)	P.E. 9/10 A <i>(Sports /Body Kinetics)</i>
10 th	Health (Discovery B)	P.E. 9/10 B <i>(Sports / Body Kinetics)</i>
11 th	N/A	Lifetime Wellness Options <i>(0.5 Credit)</i>
12 th	N/A	

- Health changes would be subject to the current curriculum updating process. In addition, we want to add CPR/AED Certification for all students.
- Physical Education requirements would reduce by 0.5 credits during the 11th / 12th grade years, but the options will increase, which will provide the necessary flexibility for our students.

LIFETIME WELLNESS COURSE OPTIONS (11TH AND 12TH GRADE)

Traditional Course Offerings

*Personal Fitness and
Recreations Sports

Outdoor Adventure

Team Sports

Elective Course Offering

Introduction to Sport and
Exercise Science

Flexible Course Options

AM, QRT, and 5th Period

*These options are twice per week – full year

FCAO PE – Full time online students or
special circumstances
(Admin approval)

Lifeguarding – Full Year
(by appointment)

MODIFICATIONS TO HEALTH/PE REQUIREMENTS

- Curriculum update to 9th and 10th grade Physical Education classes
 - Include more body kinetics (i.e. dance, yoga, cross fit, pilates, etc.)
- Change in 11th and 12th grade to 0.5 credit of Physical Education
 - Lifetime Wellness (multiple course options)
- Addition of Pilot Course – Exercise Science (3 - day lab course)
- FCAO P.E.
 - Online students only
 - Administrative approval for special circumstances.

RATIONALE FOR ALL CHANGES

- Student schedules are increasingly more complex...
 - *Jobs, academics, music, sports, activities, etc.*
- Wellness is vital for all of our students to understand the importance and value of caring for themselves over a lifetime.
- Adding more flex options to Health/PE will help us ensure students are getting quality exposure to ways to maintain wellness.
- By reallocating the credits required for graduation we are successfully meeting the students' needs in both planning for lifetime wellness and life after high school.

PROPOSED GRADUATION REQUIREMENTS

- **Graduation = 27 Credits (District Policy)**
 - 4 Credits – English, Social Studies
 - 3 Credits – Science, Math
 - 1 Credit – Health
 - *1.5 Credits – Physical Education*
 - *0.5 Credit – Career and College Essentials*
 - 9 Credits – Electives (including 2 in Arts and Humanities)
 - 1 Credit – Proficiency on Keystone Exams or local assessment
 - Graduation Project Completion
 - Service Learning – 12 Hours by the end Junior Year